

# Precise Racing

## MEDICAL ASSESSMENT FORM THE SURREY SCHOOLS' SKI COMPETITION

<b>Event Venue</b>	Aldershot Ski Slope	<b>CoR</b>	Emily Evans
<b>Event Dates</b>	Sunday 15 <sup>th</sup> November 2026	<b>Event Status</b>	Surrey Schools Ski Championships
<b>Event Doctor (if appropriate)</b>	N/A	Phone: N/A	
<b>First Aid provided by name:</b>	Aldershot Ski Slope & Precise Racing	First Aider on-site all day	
<b>Local Surgery or NHS 'walk-in' centre (if appropriate)</b>	<b>Address:</b> Not Applicable as A&E Hospital is closer.	<b>Level of Care:</b> N/A	
<b>Hospital</b>	<b>Address:</b> Frimley Park Hospital A&E <b>Phone:</b> 111 (non-emergency) or 999 (emergency) <b>From Venue:</b> 14 min (7.9 km) with ambulance/car <b>Directions:</b> <ul style="list-style-type: none"> <li>- Turn Left onto Gallwey Rd</li> <li>- Turn Right onto Ordnance Rd</li> <li>- At the roundabout, take 1<sup>st</sup> exit onto North Ln</li> <li>- 2<sup>nd</sup> Exit at the next roundabout</li> <li>- Turn left onto Ash Rd/A323</li> <li>- 1<sup>st</sup> Exit at the Roundabout onto M3/Reading/Camberley/Frimley</li> <li>- Follow A331 to Farnborough</li> <li>- Take exit towards Hawley/A325</li> <li>- Take A325 to the Hospital</li> </ul>	<b>Level of Care:</b> Full A & E	
<b>Pharmacy</b>	<b>Address:</b> Rowlands Pharmacy Aldershot, Hospital Hill GU11 1AY <b>Phone:</b> 01252 329098 <b>From Venue:</b> 5 minutes < 1.0 miles <b>Directions:</b> Head west onto Hurst Rd, Continue onto Thornhill Cres. Turn Left onto Hope Grants Rd, then turn left onto Queens	<b>Level of Care:</b> Pharmacy and associated services	

	Ave, followed by a left turn at Pennefather's Rd	
<b>Slope patrol</b>	In contact by Radio and PA	<b>Slope patrol</b> on-site during racing - Yes
<b>Ambulance</b>	In contact by phone <b>999</b>	<b>From Venue:</b> 14 minutes 7.4 km The building entrance is accessible by ambulance
<b>Slope accident Protocol</b>	<b>First aid located at:</b> On slope <b>Doctor located at:</b> N/A <b>In contact by:</b> Radio / PA	<ol style="list-style-type: none"> <li>1. First aid are dedicated to the event and are located at the foot of the slope.</li> <li>2. Aldershot provide a stocked first aid kit, with stock agreed to Active Nation standards for use by first aiders who are on duty at the event.</li> <li>3. No medication is carried.</li> <li>4. Officials instructed to summon first aid help if it is required, race to be stopped.</li> <li>5. First Aider to assess whether injured can be moved from slope or not.</li> <li>6 If can be moved, slope is cleared, and race restarted.</li> <li>7. If must be left in situ then race will continue to be suspended until appropriate next level support (ambulance) attends and course is cleared.</li> <li>8. First Aiders / Race Officials call Aldershot Duty Manager who is then responsible for the incident and will call Ambulance if required</li> <li>9. Back up first aider called to replace first aider if attending the incident</li> <li>10. TD completes accident form on notes on report.</li> </ol>
<b>Crowd / Public Protocol</b> <i>Only if different from above</i>		All as above for slope accident protocol
<b>Back-up plan</b>	Aldershot Duty Manager will be on duty as well and will have basic first aid training.	If primary first aid must attend an incident, race can continue if the course is clear with first aid provided by back up as described above.
<b>Defibrillator Equipment</b>	<b>Is there a Defibrillator (AED) on site?</b>  <b>Where is it located?</b>  <b>Is there a person on site trained to use the equipment?</b>  <b>If not on site, nearest Defibrillator located at:</b>	No, nearest defibrillator is located 182yds walk / 243 yds by car  Royal Mail Aldershot, Station Road  Yes  Details above

<b>The Medical arrangements fully meet the criteria for BARTS competitions.</b>				<b>Yes/ No If no identify issue below</b>
<b>Description</b>	<b>Yes/No</b>	<b>Complies fully with Rule 1? Y/N</b>	<b>Degree of compliance 1-5 (where 5 = fully in place)</b>	<b>If not fully complied, reason</b>
	Yes	N	3	Doctor / Paramedic not necessary, technical race in a controlled environment. Hospital 14 minutes away.
<b>Signed:</b>	Emily Evans (Event Organisers)		<b>Technical Delegate/Chief of Race/Chief of Champs</b>	<b>Date:</b> 2026

SURREY SCHOOLS RACE 2026