Precise Racing

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MEDICAL ASSESSMENT FORM THE NIGHT RACE COMPETITION

Event Venue	Chatham Ski Slope	**CoR**	Emily Evans & John Ali
Event Dates	7th November 2026	**Event Status**	The Night Race
Event Doctor *(if appropriate)*	N/A	Phone: N/A	
First Aid provided by name:	Chatham Ski Slope	First Aider on-site all evening	
Local Surgery or NHS 'walk-in' centre ***(if appropriate)***	**Address:** Not Applicable as A&E Hospital is closer.	**Level of Care:** N/A	
Hospital	**Address:** Medway Hospital, Windmill Rd, Gillingham ME7 5NY **Phone:** 111 (non-emergency) or 999 (emergency) **From Venue:** 8 min (2.7 km) with ambulance/car **Directions**: - Turn left out of the ski centre. - Take the 1st Left. - Take the 1st left. - Continue straight over the next roundabout. - Take the 2nd exit on Luton High Street - Turn right onto Upper Luton Rd - Turn Right onto Chatham Hill - Turn Left onto Rock Ave - Turn Left onto Montgomery Rd - At the roundabout, continue straight. - Turn Left into the Hospital	**Level of Care:** Full A & E	

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Pharmacy	**Address:** Hempstead Pharmacy, 148B Hempstead Rd, Hempstead Gillingham Me7 3QW **Phone:** 01634 376674 **From Venue:** 4 minutes < 1.9 miles **Directions:** Turn left out of the ski slope 2nd exit onto Pear Tree Ln At the roundabout, take the 2nd Exit onto Hempstead Rd	**Level of Care:** Pharmacy and associated services

Slope patrol	In contact by Radio and PA	**Slope patrol** on-site during racing - Yes
Ambulance	In contact by phone 999	**From Venue:** 8 minutes 2.7 km The building entrance is accessible by ambulance
Slope accident Protocol	**First aid located at:** On slope **Doctor located at:** N/A **In contact by:** Radio / PA	1. First aid are dedicated to the event and are located at the foot of the slope. 2. Chatham provide a stocked first aid kit, with stock agreed to JNL standards for use by first aiders who are on duty at the event. 3. No medication is carried. 4. Officials instructed to summon first aid help if it is required, race to be stopped. 5. First Aider to assess whether injured can be moved from slope or not. 6 If can be moved, slope is cleared, and race restarted. 7. If must be left in situ then race will continue to be suspended until appropriate next level support (ambulance) attends and course is cleared. 8. First Aiders / Race Officials call Chatham Duty Manager who is then responsible for the incident and will call Ambulance if required 9. Back up first aider called to replace first aider if attending the incident 10. TD completes accident form on notes on report.
Crowd / Public Protocol ***Only if different from above***		All as above for slope accident protocol
Back-up plan	Chatham Duty Manager will be on duty as well and will have basic first aid training.	If primary first aid must attend an incident, race can continue if the course is clear with first aid provided by back up as described above.
Defibrillator Equipment	**Is there a Defibrillator (AED) on site?** **Where is it located?**	No, nearest defibrillator is located 0.9 miles away in Hempstead Village Community Hempstead Pharmacy, Hempstead Road, Hempstead, Gillingham ME7 3QE

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	Is there a person on site trained to use the equipment? **If not on site, nearest Defibrillator located at:**	Yes Details above

The Medical arrangements fully meet the criteria for BARTS competitions.					**Yes/ No If no identify issue below**	
Description		**Yes/No**	**Complies fully with Rule 1? Y/N**	**Degree of compliance 1-5 (where 5 = fully in place)**	**If not fully complied, reason**	
		Yes	N	3	Doctor / Paramedic not necessary, technical race in a controlled environment. Hospital 8minutes away.	
Signed:	Emily Evans & John Ali (Event Organisers)		**~~Technical Delegate/Chief of Race/~~Chief of Champs**		**Date:**	2025/26

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